Thursday January 15th, 2015

Grade 8/9 Outdoor Education Elective Day Trip

On Wednesday, **February 4th**, the Grade 8/9 Winter Outdoor Education Elective will be going to Pocaterra Day Use Area in Peter Lougheed Provincial Park to participate in a day of cross country skiing in preparation for our upcoming overnight trip. Pocaterra is an established cross-country ski/snowshoe destination that has a variety of trails of varying length and difficulty. These trails all travel through a forested valley bottom and there is absolutely **no** risk of avalanche. There is a warming hut and washrooms in the area.

We will be taking a Southland School bus to the Pocaterra Day Use Area. We are asking students to bring with lunches as well as warm, waterproof clothing layers and footwear appropriate for the weather conditions on that day. Please refer to a detailed gear list that will be posted to Edmodo for an outline of what personal gear is recommended. One full water bottle is also essential in order for students to stay hydrated throughout the day.

Due to the location, (1.5 hour travel time) we will need to leave the school at **8:00 am** with a **4:00 pm** return time. As a result, students need to be dropped off by **7:45 am** and picked up at **4:00 pm**.

We are also looking for up to **two** volunteers with cross-country ski and back-country cooking experience to help support us on this trip. If you are available, please send an email to Ms. Bailey, Ms. Monteith or Mr. Publack.

Thank you,

Deirdre Bailey, Jocelyn Monteith and Jason Publack

Deirdre.b@connectcharter.ca

Jocelyn.m@connectcharter.ca

Jason.p@connectcharter.ca

**The attached consent form and release of liability for this trip needs to be returned to Ms. Bailey, Ms. Monteith or Mr. Publack by Wednesday, January 28th.**

CONNECT CHARTER SCHOOL

INFORMED CONSENT AND ACKNOWLEDGEMENT OF RISK FORM

FOR LOCAL OFF SITE ACTIVITIES

2014-2015

THIS CONSENT AND ACKNOWLEDGEMENT OF RISK FORM MUST BE READ AND SIGNED BY A PARENT OR GUARDIAN OF ANY STUDENT PARTICIPATING IN OFF CAMPUS ACTIVITIES.

PLEASE READ THIS INFORMED CONSENT AND ACKNOWLEDGMENT OF RISK FORM CAREFULLY, TOGETHER WITH ANY ACCOMPANYING DOCUMENTATION AND DIRECT ANY QUESTIONS TO SCHOOL ADMINISTRATION BEFORE INDICATING ACCEPTANCE.

**ACTIVITY DETAILS**

DESTINATION / ACTIVITY: Pocaterra Day Use Area

DATE(S): Feb 4th, 2015

CURRICULAR OUTCOMES: Outdoor Education - XC Skiing.

ITINERARY / ACTIVITIES: See attached information letter.

PER STUDENT COST: None

WHAT TO BRING: METHOD OF TRANSPORTATION: Southland School Bus

SCHOOL CONTACT: Main office 403-282-2890

SUPERVISION RATIO: 8:1

NO. OF VOLUNTEERS REQUIRED: 2

**BOARD RESPONSIBILITIES**

**The Board of the Connect Charter School will make every reasonable effort to ensure that:**

1. Staff, volunteers, and/or service providers are suitably trained and qualified to lead this activity/program.
2. Students will be adequately supervised during all aspects of the program / activity.
3. The location(s) used for this activity/program are appropriate for the planned itinerary and group.
4. Equipment used for this activity/program has/have been inspected and deemed safe.
5. A Safety Plan has been developed to identify and manage known potential risks.
6. An Emergency Plan is in place to deal with an injury or illness to any student.

# ACKNOWLEDGEMENT OF RISKS:

I HAVE READ THE ABOVE, AND UNDERSTAND THAT BY PARTICIPATING IN THE ACTIVITIES DESCRIBED HEREIN, I AM ASSUMING THE RISKS ASSOCIATED WITH DOING SO ON BEHALF OF THE STUDENT NAMED ON THIS FORM. THE RISK OF SUSTAINING AN INJURY OR DEATH MAY OCCUR FROM THE NATURE OF THE ACTIVITY AND CAN OCCUR WITHOUT FAULT OF EITHER THE STUDENT, OR THE SCHOOL BOARD, ITS’ EMPLOYEES/AGENTS. BY CHOOSING TO TAKE PART IN THIS ACTIVITY, YOU ARE ACCEPTING THE RISK THAT YOUR CHILD MAY BE INJURED OR KILLED.

# INFORMED CONSENT:

I give \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ consent to participate in the **XC Skiing** to be held on or

 (Name of student)

about **February 4th 2015.**

Signature of Parent/Guardian \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**POTENTIAL RISKS AND PERILS ASSOCIATED WITH PARTICIPATION IN THIS ACTIVITY INCLUDE BUT ARE NOT LIMITED TO:**

**Transportation**

☐ Traffic accidents, incidents, and mishaps

☐ Incidents and mishaps while **walking** to or from transportation

**Environmental**

☐ Weather related causes during outdoor activities, including but not limited to: hypothermia, frostbite or other cold related injuries.

☐ Contact with, or ingestion of, plants, berries, roots, or bark.

**Food**

☐ Choking during planned or unplanned meal times.

☐ Allergic responses, including anaphylactic shock, as a result of direct or indirect contact

 with food products, byproducts, or waste.

**Pre-existing medical conditions**

☐ As identified on the student health information form. PLEASE NOTE THAT PARENTS MUST

 NOTIFY THE SCHOOL IMMEDIATELY OF ANY CHANGES TO A STUDENT’S HEALTH

 INFORMATION.

**Activity related perils**

☐ Injuries or death caused by head trauma, sprains, strains, broken bones and/or other injuries related to slips or falls while skiing at Pocaterra Day-Use Area.